420 programs for youth & adults in **60** locations

the

STRENGTH **IN NUMBERS**

2018 Impact Report NEW MEXICO ALLIANCE OF YMCAs

400 employed, including 230

under

age 21 and 0,000 adults impacted 4.000improved

0,000

uth benefited from

Afterschool enrichment,

Y Camp, Youth And

Government.

developmental sports,

Teen Centers, and

outdoor programs

1,400 volunteers donated 40,500 hours of time valued at

\$891,000

from Y programs like early childhood education, meals for preschoolers, teen job readiness, senior health and wellness programs

4,000

individuals benefited

\$530,000 in financial assistance to individuals

YMCA of Central NM • Albuquerque, NM • 104 years YMCA of El Paso • El Paso, TX • 133 years The Family YMCA • Los Alamos, NM • 64 years



Bernalillo County Sheriff's Deputy Robin Hopkins was shot by a round from an AK-47 while in pursuit of a suspect. The bullet went through her car door, shattering her femur, femoral artery and a vein in her left leg. Robin "coded out" twice but survived and faced many months recovering and learning to cope with chronic pain, PTSD, anxiety and depression.

The YMCA of Central New Mexico gave Robin a lifetime membership and she went there with her infant son. "He was only 18-months old when I was shot. I couldn't pick him up, and playing with him was very difficult and painful... but at the Y's outdoor pool we could play and swim together. I will never forget how happy he was, and how that time together meant the world to me."

CONTINUE STORY ON BACK

ROBIN'S STORY CONTINUED FROM PAGE 1

"What we see most in a law enforcement career is how fragile our communities can be. Our shared hope for a safer world starts with places like the YMCA and the incredible work they accomplish every day," said Robin.

Robin, now retired, teaches a code of the West Program to third grade students, based on the book "Cowboy Ethics – What It Takes to Win At Life," by Jim Owen.

"What I love about being at the YMCA is the sense of community, and the focus on spirit, mind and body. That was key to my recovery. The feeling of friendship and community at the Y is always with me and carries me throughout the day. I am grateful and honored to be part of the YMCA and wholeheartedly support their mission."

"The Y holds true to its history and spirit, and those are the values I want to leave my own children, and the children in The Code of the West Program."

100s of partners including

ONAL: AMERICORPS/VISTA•BLM•CDC•DEPT OF INTERIOR•LANS•NATIONAL PARK SERVICE•USDA FEDERAL FOOD PROGRAM• USDA FOREST SERVICE YMCA OF THE USA STATE: CYFD
FIRST JUDICIAL COURT OF NM• FISH & WILDLIFE SERVICE•PED• YCC REGIONAL: ROCKY MOUNTAIN YOUTH CORPS UNITED WAY OF CENTRAL NEW MEXICO-UNITED WAY OF NORTHERN NM/LOS ALAMOS•CON ALMA/ NNMHGG FOUNDATION LOCAL: ALBUQUERQUE PUBLIC SCHOOLS•CATHOIC DIOCESES OF LAS CRUCES•CITY OF ESPAÑOLA•ESPAÑOLA PUBLIC SCHOOLS•GADSDEN ISD•LOS ALAMOS AND RIO ARRIBA JUVENILE JUSTICE ADVISORY BOARDS+LOS ALAMOS COUNTY•RIO ARRIBA COUNTY•SANTA FE COUNTY•RA & LA COUNTY COMMUNITY HEALTH COUNCILS+LOS ALAMOS PUBLIC SCHOOLS







TOP LEGISLATIVE PRIORITIES ADVOCATED BY THE Y

Support funding that strengthens

- Education
- Mentoring
- Childcare and Child Development funding for afterschool and summer programs
- Delinquency and prevention programs
- National and Community Service

Support funding that strengthens well-being including

- Chronic Disease Prevention (Diabetes, Stroke)
- Health Promotion (Heart Health)
- Evidence based cancer survivorship programs
- Nutrition and physical activities programming
- Decreasing Health Disparities
- Programs that promote getting outdoors







Y Service Areas

