FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Being Grateful in November 2026

Mon	Tues	Wed	Thu	Fri
2 **Rec and Fitness** **hours will vary** Homework Hour hours will vary	**3** Lowrider Art hours will vary **Homework Hour** **hours will vary**	**4** **Strength and Conditioning** **with Christian** **hours will vary** Homework Hour hours will vary	**5** Indoor/Outdoor Rec hours will vary **Homework Hour** **hours will vary**	**6** **Sports and Rec** **hours will vary** Movie Afternoon 4pm to 5:30pm
9 Rec and Fitness hours will vary **Homework Hour** **hours will vary**	**10** **Lowrider Art** **hours will vary** Homework Hour hours will vary	**11** 	**12** **Drone Soccer** **hours will vary** Homework Hour hours will vary	**13** Sports and Rec hours will vary **Movie Afternoon** **4pm to 5:30pm**
16 **Rec and Fitness** **hours will vary** Homework Hour hours will vary	**17** Lowrider Art hours will vary **Homework Hour** **hours will vary**	**18** **Fun with Food** **hours will vary** Homework Hour hours will vary	**19** Drone Soccer hours will vary **Homework Hour** **hours will vary**	**20** **Sports and Rec** **hours will vary** Movie Afternoon 4pm to 5:30pm
23 Rec and Fitness hours will vary **Homework Hour** **hours will vary**	**24** **Lowrider Art** **hours will vary** Homework Hour hours will vary	**25** 	**26** 	**27**
30 **Rec and Fitness** **hours will vary** Homework Hour hours will vary	 			

www.laymca.org

*classes and trips are subject to change

Española YMCA Teen Center
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Española, NM 87532
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Monday to Friday
12pm to 6:30pm