



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# CELEBRATE OUR FREEDOM ~ JULY 2025

Mon	Tue	Wed	Thu	Fri
 <p><b>"Freedom is the oxygen of the soul."</b> -Moshe Dayan</p>	<p><b>1</b></p> <p>Lowrider Art @ 4pm</p>	<p><b>2</b> Opening at 3pm</p> <p>Indoor/Outdoor Recreation hours will vary</p> <p>Sleepover begins @ 6:30pm</p>	<p><b>3</b> Teens are to be picked up by 8am</p> <p>Due to sleepover we are <b>CLOSED</b></p>	 <p><b>4</b></p> <p><b>CLOSED</b></p> <p><b>Happy 4th of July</b></p>
<p><b>7</b></p> <p>Rec and Fitness hours will vary</p>	<p><b>8</b></p> <p>Intro to Lapidary hours will vary</p>	<p><b>9</b></p> <p>Fun with Food hours will vary</p>	<p><b>10</b></p> <p>Strength &amp; Conditioning w/Christian hours will vary</p>	<p><b>11</b></p> <p>Sports and Rec hours will vary <b>Movie Afternoon</b> 4pm to 5:30pm</p>
<p><b>14</b></p> <p>Rec and Fitness hours will vary</p>	<p><b>15</b></p> <p>Lowrider Art @ 4pm</p>	<p><b>16</b></p> <p>Photography hours will vary</p>	<p><b>17</b></p> <p>Field Trip to Dulce, NM 9:30am to 7pm Teen Center will be <b>CLOSED</b></p>	<p><b>18</b></p> <p>Sports and Rec hours will vary <b>Movie Afternoon</b> 4pm-5:30 pm</p>
<p><b>21</b></p> <p>Rec and Fitness hours will vary</p>	<p><b>22</b></p> <p>Intro to Lapidary hours will vary</p>	<p><b>23</b></p> <p>Edible Art hours will vary</p>	<p><b>24</b></p> <p>Strength &amp; Conditioning w/Christian hours will vary</p>	<p><b>25</b></p> <p>Sports and Rec hours will vary <b>Movie Afternoon</b> 4pm to 5:30pm</p>
<p><b>28</b></p> <p>Rec and Fitness hours will vary</p>	<p><b>29</b></p> <p>Photography hours will vary</p>	<p><b>30</b></p> <p>Field Trip to Red River, NM 9:30am to 7pm Teen Center will be <b>CLOSED</b></p>	<p><b>31</b></p> <p>Indoor/Outdoor Rec hours will vary</p>	 <p><b>GOODBYE SUMMER</b></p>

[www.laymca.org](http://www.laymca.org)

Hours for classes are dependent on teens in attendance to ensure we are following all guidelines.  
\*classes & trips are subject to change

**Española YMCA Teen Center**

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Monday-Friday  
12 pm-6:30 pm